

Il workshop, in lingua inglese, introdurrà all'approccio relazionale finlandese e alle migliori pratiche sviluppate presso il Nurmeksen Lukio in tema di *mental health* e guiderà una riflessione sull'importanza del benessere nella vita scolastica, mostrando i risultati ottenuti sulle relazioni e sull'apprendimento degli studenti.

I partecipanti saranno coinvolti in laboratori autentici ed esperienziali, ispirati alla pratica finlandese, per scoprire strumenti e strategie da sperimentare direttamente in classe e nella realtà di ogni giorno.



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# WELLBEING AND POTENTIAL: THE FINNISH APPROACH

Liceo Attilio Bertolucci  
10 maggio 2024  
ore 14.00 -17.00

Formatori:



Timo Karppinen

***'From policy to practice: embedding well-being  
in the curriculum and school culture'***



Johanna Nevalainen,

***'Well-being - skills for learning, skills for life'***

Partecipazione gratuita,  
Iscrizione obbligatoria al [Link](https://m.saponaro@liceoattiliobertolucci.edu.it)



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**Timo Karppinen**, MA, Certificate in Educational Administration, has extensive experience in the field of teaching, educational administration, student welfare, curriculum design, implementation and management. Mr. Karppinen studied Chemistry and Biology at the University of Eastern Finland. Starting his career as a teacher in 1993, he was soon promoted to the position of principal in 1999 at Valtimon Koulu and Lukio – a secondary school in North Karelia. He has been the principal of Nurmeksen Lukio since 2008. During 2013-2014 he worked as the Head of Education, Culture, and Wellbeing Services in the town of Nurmes. Mr. Karppinen defines his role as principal as “the prime facilitator in the school”, ensuring the best possible working and learning environment for teachers and students.

**Johanna Nevalainen**, MA, Certificate in Educational Administration, has worked as an English teacher since graduating from the University of Jyväskylä in 2000. Her role at Nurmeksen Lukio includes the duties of deputy head teacher, tutor teacher and Erasmus+ coordinator. She is also a member of the multidisciplinary student welfare group that plans, implements, and reviews student wellbeing in Nurmeksen Lukio. Over the years, she has taken part in many local curriculum reform processes not only regarding foreign language teaching but also developing many aspects of school culture. Mrs. Nevalainen believes that supporting student wellbeing is the prerequisite for creating an effective learning environment also in upper secondary education where students prepare for high-stakes examinations and university studies.

